

## **A STUDY ON SELF AWARENESS OF ADOLESCENT BOYS AND GIRLS ACROSS SOCIO-ECONOMIC GROUPS**

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### **ABSTRACT**

*The present study is carried out to examine the self awareness level (in reference to emotional maturity) of adolescent boys and girls across three socio-economic groups ((upper, middle and lower socio-economic group). Total sample for study was 450 adolescents (225 boys and 225 girls) between the age group of 13 to 18 years, belonging to three socio-economic groups (upper, middle and lower socio-economic group) from Prayagraj city of Uttar Pradesh. Sample was selected through stratified random sampling techniques. Kuppuswamy's socio-economic scale (1961) which is revised by Gururaj and Maheshwaran (2014) was used for assessing the socio-economic status of the adolescents. To access self awareness of adolescents in reference to emotional maturity across socio-economic groups, questionnaire was developed by researcher. Frequency and percentage distribution and t-test were used to analysis the score. Self awareness was found ranging between high to good in majority adolescent boys and girls in the upper and middle socio economic groups, whereas in the lower socio-economic group it was found of a low level in majority adolescents. There was no significant gender difference found in self awareness level of adolescent boys and girls.*

**KEYWORDS:** *Adolescents, Emotional Maturity, Self Awareness, Socio-Economic Groups*

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